

This is “Peer Counseling Pause” with Reova Meredith

When Choosing Friends

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It is wise:

To be cautious about trusting people

To be honest with most people about your feelings and desires, and expect the same from them

To forgive and love others, but not necessarily always trust them

To expect conflict when you are honest

And to learn to communicate clearly and calmly with all kinds of people

However it is Foolish:

To trust people who constantly wound you.

To believe people who consistently give double messages

To stir up conflict

To avoid conflict at all cost.

And to be too self-disclosing to gain another’s love or pity.