

This is “Peer Counseling Pause” with Reova Meredith

Precious and Valued

We are precious and valued by our Heavenly Father, yet too frequently, the challenges and trials of life leave us feeling like a paper cup.

Sometimes the world treats people like they are disposable.

As part of the counseling process, we want to regard each individual as the valued person that the Bible says they are.

God regards us as “fine crystal” – a precious, chosen, beloved treasure.

Just like crystal, when we are treated in a careless manner, we can chip, crack or even shatter.

Only God can restore us, and He promises to do so. One way He does this is through loving and trusting relationships with other believers.

How do you view yourself today – as a disposable paper cup or a goblet of fine crystal?