

This is “Peer Counseling Pause” with Reova Meredith

Jesus as a role model for counseling

The role of a counselor is to reflect the image of Christ to the client. Christ’s example is our model for effectively relating to one another.

Christ demonstrated the following actions:

He Prayed: He prayed for those who were hurting. Prayer unleashes God’s power to work. It is the single most important thing we do!

He Listened: He listened to their complaints and concerns. Listening communicates worth and value to another.

He Encouraged: He encouraged them with words of hope. It is important to encourage the client with hope as they do the healing work.

He Protected: It is important to create a safe place so the dignity and honor of the client is protected.

We must point the client to Christ to find true healing.