

This is “Peer Counseling Pause” with Reova Meredith

Prayer is the most powerful channel of communication:

**Prayer is the burden of a sigh
Falling of a tear,
The upward glancing of an eye when none but God is near.**

From Brennan Manning: “There is only one thing God asks of us – that we be men and women of prayer.”

**Men may spurn our appeals
Reject our messages
Oppose our arguments
Despise our person
But they are helpless against our prayers.**

It is the neglect of prayer, or the refusal to pray that is sin, not the inability to pray. If the earnest desire to pray is present, we must not condemn ourselves if we find prayer hard or even impossible.